



THE PARENTING MANIFESTO SERIES

PARENTING WORKSHOPS

PRESENTED BY MY MANIFESTO CO-AUTHORS SUE WONG AND JUSTIN ROBINSON

Parenting is one of life's greatest responsibilities — and one of its most rewarding challenges. Amidst the noise, the nappies, and the never-ending to-do lists, it's easy to lose sight of who you are.



This in-person series, guided gently by My Manifesto co-authors Sue Wong and Justin Robinson, offers parents of young children and teenage children a unique and inspiring opportunity: to pause, reflect, and intentionally create a life statement that anchor them in their values, strengths, dreams, and personal wisdom.

Over six intimate and uplifting workshops, you'll craft your personal manifesto – your private declaration of intention and clarity – and reconnect with the self you want to bring to parenting, partnership, and daily life.

All participants receive a complimentary copy of the book: *My Manifesto – A compassionate guide to reveal your best life*, and a beautiful set of inspiration cards to accompany their journey.

SIX SESSION PROGRAM

Wednesday nights (3/09, 10/09, 17/09, 8/10, 15/10 and 22/10).
7.00pm–9.00pm

VENUE

Waurm Ponds Library, 230 Pioneer Road, Grovedale VIC 3216

COST

\$60 (non refundable)

BOOKINGS



Scan the QR code to learn more and book, or visit Geelong.link/ParentingManifesto